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INTEGRATION OF DISABLED PEOPLE INTO SPORTS ACTIVITIES AND POST-PANDEMIC PSYCHOLOGICAL SUPPORT

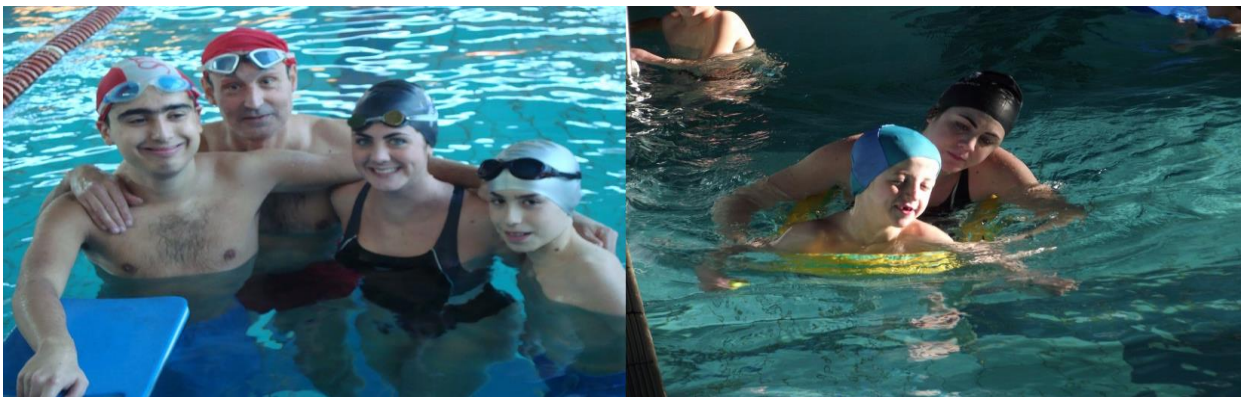
HI.

Do you know what **disability is**? It is the condition of those who, as a result of one or more handicaps, have a reduced capacity for interaction with the social environment compared to what is considered the norm, therefore they are less autonomous in carrying out daily activities and often at a disadvantage in participating in social life. Do you know what social **inclusion is**? It is the situation in which, with reference to a number of aspects that allow individuals to live according to their values, their choices, it is possible to improve their conditions and make the differences between people and groups socially acceptable. Do you know what social **integration is**? It is, however, something deeper, such as the inclusion of different identities in a single context in which there is no discrimination.

Integration is understood as the process by which the system acquires and above all preserves a structural and functional unity, maintaining a balance through processes of social cooperation and coordination between roles and institutions.

WHAT WE DO.

The Amateur Sports Association "F. MARINO/F.C.A./UNICORNO STYLE" since 2001, began to promote sports activities for the disabled (first with Volleyball and then with Football, Swimming, Martial Arts).



WHERE WE GOT TO.

Today we have an annual sports association average of about 65/70 disabled people, the predominant activity is swimming; we operate at the Districts 4 - 5 - 6 - 7 - 8 of TURIN in the Piscine Colletta – Franzoj - Lido – Lombardia – Parri.

WHAT IS EMOTION.

A smile of a disabled child swimming happy, a young disabled man expressing his moving joy embraced to his family and his instructor or a group of happy boys and girls within a frame of smiles given by their swimming teachers, the skipped dance of a disabled boy surrounded by his instructors, the end of a text message from a disabled boy who asks me when the activity begins and ends with the letters "Tvb a presto", the same guy who crosses into a polling station while giving joy to the other tellers and chairperson of the polling station. How strange it is to be able to see drops of humanity in a small space of water, share emotions in a few written letters, listen to the noise of smiles ... but this is precisely what we try to see, share, listen to with our disabled and that we would like to continue to do, **HELP US TOO.**



PROGRAMS AND SERVICES: Disability = direct collaboration with Handicap Areas 5 Turin constituencies for the identification of disabled subjects to be included, where possible, within the structured sports activities with able-bodied (the majority of the favorite sports discipline turns out to be SWIMMING, in a minor form the activity of MARTIAL ARTS and COUNTRY DANCE).

SWIMMING AND WATER AEROBICS	Football	Martial	COUNTRY	AEROBICS, GROUP DANCES, LATIN AMERICAN, SWEET GYMNASTICS
Piscine Colletta, Franzoj, Lido, Lombardia, Parri.	Regaldi field.	Mascagni Meeting Centers. Cavagnolo, N.Bobbio School.	Province OF TURIN, BIELLA and VERCELLI.	Mascagni Meeting Center.

Verification of insertion activities with highly qualified associative staff, also with the families of the same beneficiaries. Discomfort = meetings with operators and monitoring activities carried out by technical coordination; the Sports Discipline that best approaches the needs expressed by male beneficiaries is SWIMMING, followed by FOOTBALL - MARTIAL ARTS, while for females there are COUNTRY DANCES - LATIN AMERICAN - AEROBICS - WATER AEROBICS - GROUP DANCES - SWEET GYMNASTICS. For both categories of users are provided for the organization of their own and/or participation in events / events Citizens - Provincials.

"A project, at first, is a simple fantasy.

It is the dream of a small group of people who have the desire to support others. In order to achieve this, we must reconstruct in our minds all the facets of the real, all the possible alternatives and all the possible difficulties that the world, at every stage, inevitably imposes on us. With a simple gesture, which can make a difference, help us turn that dream into reality"

To contribute to the fundraising for insertions in Sports Activities for the Disabled and their Psychological Support Post Pandemic, make the following national bank transfer:

IBAN IT74 O(letter)010 0501 0000 0000 0001347

Beneficiary: A.S.D. F. MARINO F.C.A. UNICORN STYLE

Reason: Disabled Sports Insertions

or Do

the following international bank transfer:

IBAN IT74 O(letter)010 0501 0000 0000 0001 347

(Swift/Bic BNLIITRR)

... and specifies on the reason for the deposit who you are, so that we can at least thank you.

Merry Christmas and Happy New Year!

